

# BOLD/GOLD PACKING LIST

## CLOTHING/ OUTERWEAR

- 2 Non-cotton pants
- 4 Shorts (quick dry fabric)
- 4 T-shirts (non-cotton preferred)
- 2 Heavyweight non-cotton top
- Socks (4 wool or poly-blend)
- Underwear
- Thermal underwear
- Waterproof rain jacket
- Waterproof rain pants
- Winter hat
- Hat/sunglasses
- Swim suit
- Hiking boots (broken in)
- Sneakers
- Water shoes

## TOILETRIES/ LINENS

- Toothbrush
- Toothpaste
- Shampoo
- Conditioner
- Body wash
- Deodorant
- Chapstick
- Hand sanitizer
- Comb/hair brush
- Towels (at least 2)
- Washcloth
- Tissues
- Sunscreen
- Insect repellent
- Sleeping bag
- Pillow and pillow case

## ADDITIONAL ITEMS

- Flashlight or headlamp with batteries
- Disposable waterproof camera
- Laundry bag
- Journal and pencil
- Medication (must be given to nurse in original container)
- Book, cards, etc.
- 2 Nalgene (or similar) 32 oz. water bottles

## NOT ALLOWED AT CAMP

- Electronics (phones, tablets, iPod, radios etc.)
- Pocket knives/Weapons
- Jewelry
- Any other item of value

PLEASE CONTACT THE CAMP OFFICE WITH ANY QUESTIONS REGARDING THE PACKING LIST OR,  
IF YOU NEED ASSISTANCE PROVIDING ANY OF THE ABOVE ITEMS (845) 858-2200

**PLEASE BE SURE TO LABEL ALL YOUR CAMPERS BELONGINGS WITH THEIR FULL NAME**

**NY YMCA CAMP IS NOT RESPONSIBLE FOR ANY LOST, STOLEN, OR DAMAGED ITEMS.**